

8TH Annual GDVI-SLAA Spirituality Weekend Retreat

“In All Areas of Our Lives”



March 16-18, 2012

Retreat starts Friday 3/16 at 6pm
through Sunday 3/18 at 11am

Daylesford Abbey

220 S. Valley Road Paoli, PA

About 45 minutes West of Philadelphia

Registration Opens: January 1, 2012

Registration Closes: March 2, 2012

Mark this date on your calendar! Plan to register early!

\$225 - Full Registration includes workshops, private (single) room for both nights and all meals from Friday dinner through Sunday breakfast.

\$125 - Commuter Registration includes all workshops and meals.

This retreat is a series of workshops, seminars and activities modeled to enhance your recovery skills in all areas of your life, relationships, spirituality, anorexia, forgiveness, procrastination, cross addictions and work. There will be several 12-step meetings, yoga workshops and evening entertainment. More workshop information is available on the web at www.slaadvi.org

For information regarding scholarship considerations, special needs, dietary requirements or to volunteer during the Retreat, please contact the Greater Delaware Valley Intergroup Corresponding Secretary at:

<http://www.slaadvi.org/contact-corresponding-secretary.html>

Please note this is a sober recovery retreat. You do not have to be sober to attend, but you *must* remain sober during the weekend. This includes sober attire and sober behavior. Appropriate dress is required at all times. Be considerate of how you dress and act, as it may be triggering for another person in this program. It is best to err on the side of being conservative in your dress or behavior, than be asked to adjust your dress or behavior. Please contact the GDVI Corresponding Secretary if you have questions about this policy.

Please duplicate this flier and distribute to your meetings!

DIRECTIONS:

Mass Transit

The Abbey is accessible by using the R5/Thorndale-Paoli route on the Septa Regional Rail System as well as Amtrak (Philadelphia-Harrisburg-Pittsburgh). Please check train schedules. Taxis are available to take you the one mile to the Abbey for a nominal fee.

From Philadelphia:

Take I-76 West (Schuylkill Expressway) to Route 202 South. Take Route 202 South to Route 252 South to Route 30 West. Continue on Route 30; then, at the 3rd stop light turn left (south) on Valley Road. (The intersection is on the same corner as the Paoli Septa Train Station.) Continue one mile on South Valley Road and Daylesford Abbey will be on the right. (Forty minutes travel time from Center City)

From Areas South of Philadelphia:

Take I-95 North through Wilmington and Chester. Follow signs for I-476 North (Plymouth Meeting) and take the St David's-Radnor-Villanova exit. At the end of the ramp turn left onto Route 30 West to St David's. Continue West on Route 30 until you reach Paoli and Valley Road. (Valley Road will be the 3rd stop light after the intersection of Rt. 252 and 30. The intersection is on the same corner as the Paoli Septa Train Station.) Make a left (south) onto Valley Road; continue one mile and Daylesford Abbey will be on the right. (Sixty minutes travel time from Wilmington)

From Harrisburg and West:

Take Pennsylvania Turnpike East, exit #23 Downingtown and follow signs for Route 100 South for approximately 4 - 5 miles to Route 30. Turn left onto Route 30 East. Continue East on Route 30 until you come to the intersection of Route 30 and South Valley Road. The intersection is on the same corner as the Paoli Septa Train Station. Make a right (south) onto Valley Road, continue one mile and Daylesford Abbey will be on the right.(One and a half hours travel time from Harrisburg)

From South Jersey

Cross over Walt Whitman Bridge. Take I-76 West (Schuylkill Expressway) to Route 202 South. Take Route 202 South to Route 252 South to Route 30 West. Continue on Route 30; Valley Road will be the 3rd stop light after the intersection of Rt. 252 and 30, at the intersection is the Paoli Septa Train Station. Turn left (south) onto Valley Road. Continue one mile and Daylesford Abbey will be on the right. (Forty minutes travel time from Walt Whitman Bridge)

From New York and North/Central New Jersey:

Take New Jersey Turnpike South to Exit 6 ,the PA Turnpike West (Rt.276). Follow PA Turnpike west to exit #326 King of Prussia/Philadelphia/Rt 76. Thru tolls, follow merge to right for exits 328 A & B, Take 328 A to US-202 South to Devon. Follow 202 South to Route 252 South to Lancaster Ave/Route 30 West. Turn right on Route 30 W.; to the 3rd stop light, at the intersection is the Paoli Septa Train Station. Turn left (south) onto Valley Road. Continue one mile and Daylesford Abbey will be on the right. (Two hours and forty five minutes travel time from the Holland Tunnel)

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Greater Delaware Valley Intergroup SLAA Spirituality Weekend Retreat –March 16, 17 & 18, 2012

Registration Form:

Please send this completed form along with your check or money order payable to:
The Augustine Fellowship; Spirituality Weekend Retreat, P.O. Box 7437; Philadelphia, PA 19101
(Please do not send this form by certified or registered mail)

Select :

- _____ **Single Room \$225 pp** (includes all workshops, Fri & Sat single person occupancy lodging and all meals)
- _____ **Commuter \$125 pp** (includes all workshops, Fri, Sat & Sun meals)
- _____ **I would like to donate \$_____ to the Spirituality Weekend Retreat Scholarship Fund**

Name: _____

Address-1: _____

Address-2: _____

City: _____ State: _____

Zip: _____ Phone: _____ Cell: _____

Email Address: _____

- Okay to leave message
- Leave only name & number
- Please do not leave message

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