



info@slaadvi.org

YOUR LOCAL INTERGROUP SERVES THE FELLOWSHIP. SO CAN YOU! HERE'S WHAT WE DO:

- ◆ **Meeting Lists**—maintaining and distributing a lifeline to SLAA recovery
- ◆ **Literature**—SLAA pamphlets and Basic Texts available FAST
- ◆ **Website**—creating a bridge to SLAA for the newcomer in our area
- ◆ **Information Line**—215-731-9760—answering newcomers' questions, sending meeting lists
- ◆ **Inspiration Line**—215-574-2120—hear experience, strength & hope, 24/7/365; leave a message/get current *whenever* you need
- ◆ **Recovery Retreats**—bringing together SLAA's in all stages of recovery for mutual aid and support
- ◆ **Sober Social Activities**—Game Night, Annual Kayak & Canoe Trip; will *your* idea be next?!
- ◆ **Institutions Outreach**—reaching the sex & love addict who still suffers *while* in treatment for a chemical or another behavioral addiction



The Augustine Fellowship of SLAA—Greater Delaware Valley Intergroup ("GDVI")

HEADLINE NEWS

NEWSLETTER DATE: **NOVEMBER 2011** PLEASE PRINT & SHARE AT MEETINGS, **NOV./DEC 2011**

Call For Nominations

The Greater Delaware Valley Intergroup (GDVI) needs people in recovery who are interested in service to step and fill a position for the upcoming calendar year. Nominations are due on December 13, 2011, and elections will be held on January 10, 2012.

Open positions that you can nominate yourself, or someone else, are as follows (all positions are for one year):

- General Chair**
- Vice-Chair**
- Treasurer**
- Recording Secretary**
- Corresponding Secretary**
- Literature Committee Chair**
- Retreat Committee Chairs (2 people)**
- Inspiration Line Coordinator**
- Information Line Coordinator**
- Headline News Editor**
- Web Site Coordinator**
- Meeting List Coordinator**
- Social Committee Coordinator**
- Institutions and Outreach Committee Coordinator**

Join the **HEADLINE NEWS** e-mail list. Ask to subscribe by writing to <http://www.slaadvi.org/contact-corresponding-secretary.html>

Anorexia: Does it Apply to Me? (part 3 of 4)

Patrick Carnes, the nationally known author on addiction and recovery, describes sexual anorexia as:

"An obsessive state in which the physical, mental and emotional task of avoiding sex dominates one's life. Like self-starvation with food, deprivation with sex can make one feel powerful and defended against all hurts."

To better understand anorexia, we are sharing the characteristics of sex and love addiction from an anorexic's perspective. In this third entry of a four-part series, we are sharing characteristics seven through nine.

7. We judge others and or project that others judge us. We employ distancing strategies and build emotional walls.

Annual Business Meeting Delegates (2 people)

If you would like more information about the positions, visit this link on the GDVI website: <http://www.slaadvi.org/gdvi-positions.html>

If you are interested in serving a position, or would like to nominate someone else, please come to the next Intergroup Meeting (November 8, 7pm sharp), or contact the Corresponding Secretary via e-mail: <http://www.slaadvi.org/contact-corresponding->



SLAA Sponsorship Teleseries

SLAA is offering a monthly teleseries on the topic of Sponsorship (to explore all aspects of sponsorship). This month's one-hour telephone-meeting will be on **Saturday November 12 at 12:00 Noon**, Eastern Standard Time. The meetings will continue to occur on the 2nd Saturday of each month, through August 11, 2012. SLAA members may attend any or all meetings without RSVP. The U.S. Call in number is: (559) 546-1700 Access code for everyone is 123610#. **Call is recorded for later playback.** Playback number: 559-546-1799 with same access code 123610#.

PUT INTERGROUP MEETINGS IN YOUR CALENDAR:

WHEN: Second Tuesday of every month, 7 to 8:30 pm.

LOCATION: 444 North 3rd Street, Suite 307 (3rd Floor, PRO-ACT office) Philadelphia, PA .

CALL INTO THE MEETING BY USING THIS NUMBER: (530) 881-1200, and Enter passcode 542215#

Become a Pen Pal

Become a pen pal, you can make a difference to an incarcerated person. Inmates from all over the U.S. are contacting FWS seeking help with their sex and love addictions. If you are interested in helping, contact the Conference Prison Outreach Committee via the FWS website under the contact us tab.

Don't Forget: The SLAA DVI Annual Step Retreat in the Poconos (12/2 to 12/4) still has rooms available.

Want more information? Send an e-mail to: <http://www.slaadvi.org/contact-corresponding-secretary.html>

**Next GDVI Meetings: Tuesday November 8, 2011; 7pm sharp!
Tuesday December 13, 2011; 7pm sharp!**

Call the Inspiration Line: 215-574-2120