



info@slaadvi.org

YOUR LOCAL INTERGROUP SERVES THE FELLOWSHIP. SO CAN YOU! HERE'S WHAT WE DO:

- ◆ **Meeting Lists**—maintaining and distributing a lifeline to SLAA recovery
- ◆ **Literature**—SLAA pamphlets and Basic Texts available FAST
- ◆ **Website**—creating a bridge to SLAA for the newcomer in our area
- ◆ **Information Line**—215-731-9760—answering newcomers' questions, sending meeting lists
- ◆ **Inspiration Line**—215-574-2120—hear experience, strength & hope, 24/7/365; leave a message/get current whenever you need
- ◆ **Recovery Retreats**—bringing together SLAA's in all stages of recovery for mutual aid and support
- ◆ **Sober Social Activities**—Game Night, Annual Kayak & Canoe Trip; will your idea be next?!
- ◆ **Institutions Outreach**—reaching the sex & love addict who still suffers while in treatment for a chemical or another behavioral addiction

We're on the Web!
www.slaadvi.org

The Augustine Fellowship of SLAA—Greater Delaware Valley Intergroup (“GDVI”)

“When I live in the past, I live in regret. When I live in the future, I live in fear. When I live in the now, everything is okay.” -Anonymous

HEADLINE NEWS

NEWSLETTER DATE: **SEPTEMBER 2011** PLEASE PRINT & SHARE AT MEETINGS, **SEPT /OCT 2011**

The 7th Tradition-Where does the money go?

According to SLAA's 5th Tradition, the primary purpose of each group is to carry its message to the sex and love addict who still suffers. By sending the 7th tradition donations to Greater Delaware Valley Intergroup and Fellowship Wide Services, the groups make it possible to reach sex and love addicts beyond their doors and in-between meetings. The customary distribution is 60% to a local Intergroup (GDVI for this area) and 40% to Fellowship Wide Services (FWS). These contributions can be made monthly, quarterly or annually by the group's treasurer. The Greater Delaware Valley Intergroup (GDVI) reaches and serves sex and love addicts from Lancaster PA to Wilkes Barre, PA, to Chester, PA and from Morristown, NJ to Marmora, NJ including the State of Delaware and all points within. FWS is the service body through which the international community of SLAA is served.

Groups have expenses to pay for! We know every SLAA group has rent and literature expenses to pay. Many groups open bank accounts and set aside a prudent reserve to cover these expenses, should contributions drop off for a period of time. Groups meet these expenses by practicing the 7th

Tradition—being fully self-supporting declining outside contributions—by passing a basket at each meeting for voluntary contributions. Some groups suggest contributions of \$2 to help keep contribution levels current with the times. Others do not. It is customary for groups to pay the rent and literature costs and then send the excess (keeping a prudent reserve) to GDVI (60%) and to FWS (40%).

Where does the money go? You know and hear about the programs, retreats and social events GDVI supports. FWS uses the funds to maintain the FWS office, the website, to sponsor the world-level Annual Business Meeting; support national and international SLAA directories; provide assistance and starter kits to groups anywhere in the world; publish the SLAA Literature in several languages, as well as the FWS Newsletter and the Journal. The FWS office produces and ships more than a 100,000 pieces of SLAA literature a year!

There is a convenient form on the website: www.slaadvi.org (click on 7th Tradition). Use this when sending your group's support to GDVI and FWS or to make an individual contribution to either. Thanks!

Annual Pocono Step Retreat

The Greater Delaware Valley Intergroup of the Augustine Fellowship is sponsoring the third Annual Pocono Step Retreat. The retreat will be held from Friday, December 2 at 5pm to Sunday, December 4 at 2pm at the Villa of Our Lady Retreat House, which is located on Meadowside Road, across from the Mt Airy Lodge in Mt. Pocono, PA. The cost is \$225 for a single room, \$200 for a double room (you must confirm a roommate to qualify for a double room). Want more information? Send an e-mail to:

<http://www.slaadvi.org/contact-corresponding-secretary>



Join the **HEADLINE NEWS** e-mail list. Ask to subscribe by writing to <http://www.slaadvi.org/contact-corresponding-secretary.html>

Anorexia: Does it Apply to Me? (Part 1 of 4)

Most of us don't begin the program thinking of ourselves as anorexics. Just the opposite, we struggle to end the compulsive pursuit of sex, love or relationships. Over time, we realize that our addiction was actually the avoidance of real intimacy.

In an effort to better understand anorexia, some women in the program rewrote the characteristics of sex and love addiction from an anorexic's perspective.

We will share three characteristics per month over the next four issues. Below are the first three characteristics:

1. Having few healthy boundaries, we become sexually repulsed by and/or emotionally threatened by people.
2. Fearing intimacy and vulnerability, we avoid closeness with others, concealing our dependency needs from

ourselves and others, growing more isolated and alienated from friends and loved ones, ourselves and God.

3. Fearing emotional and/or sexual nurturing, we compulsively avoid and stay away from romantic and sexual relationships, sometimes going for years at a time without participating in dating or sustained relationships.

PUT INTERGROUP MEETINGS IN YOUR CALENDAR:

WHEN: SECOND TUESDAY OF EVERY MONTH, 7 TO 8:30 PM.
LOCATION: 444 NORTH 3RD STREET, SUITE 307 (3RD FLOOR, PRO-ACT OFFICE) PHILADELPHIA, PA .

CALL INTO THE MEETING BY USING THIS NUMBER: 424-203-8400, and enter passcode 738591 #

New Pamphlet on Romantic Obsession

Do you enjoy the experience, strength, and hope that you get from reading one of the SLAA pamphlets that are available at the meetings? Did you know that there is a NEW one? Since it was approved at the Annual Business Meeting last summer, SLAA is offering the Romantic Obsession pamphlet. If you don't see it, ask our literature chair to get some copies for your meeting.

GDVI Needs a Treasurer a Recording Secretary and a Literature Chair!

If you are thinking about doing service, go to the GDVI web site, slaadvi.org, for the job descriptions and sobriety requirements. We need your service to keep us strong!

Call the Inspiration Line: **215-574-2120**

Next GDVI Meetings: **Tuesday September 13, 2011; 7pm sharp!**
Tuesday October 11, 2011; 7pm sharp!